

# 14 DAY Cambodia Adventure



## Day 1-4 : Siem Reap

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| Day 1 | Massages & Pool                            |
| Day 2 | Elephants & Apsara                         |
| Day 3 | Waterfall Pagoda & Cacao Ceremony          |
| Day 4 | Angkor Watt<br>Exploration & Night Markets |



## Day 5-8 : Kampot

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|-------|--|
| Day 5 | Flight, Cultural Site, Travel  |
| Day 6 | Tropical Riverside Bliss & Volunteer at School with Arts/Activities/Sports                   |
| Day 7 | Volunteer Making Sustainable Natural Beauty Products, Wellness Workshops, Riverside Relaxing |
| Day 8 | Secret Countryside Spa Treatments, Local Khmer Self-Care Rituals & Fire Ceremony             |





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## Day 9-12 :Koh Rong Sanloem

Day 9

Train, Boat, Arrive on  
Island Time

Day 10

Relax on the Beach & Swim  
with Glowing Plankton at  
Night by Kayak



Day 11

Sea-Front Yoga & Sound  
Healing, Boat Trip, Jungle Hike  
to Lookout Point & Self-Love  
Photoshoots

Day 12

Relaxing Morning & Travel to  
the City



## Day 13-14 : Phnom Penh

Day 13

Relax in Gorgeous City Oasis,  
Explore Cultural Sites, City  
Markets & Culinary  
Experiences

Day 14

Poolside Breakfast &  
Fly Out

Daily Wellness Activities Including Yoga, Meditation & Ikigai & Human Design